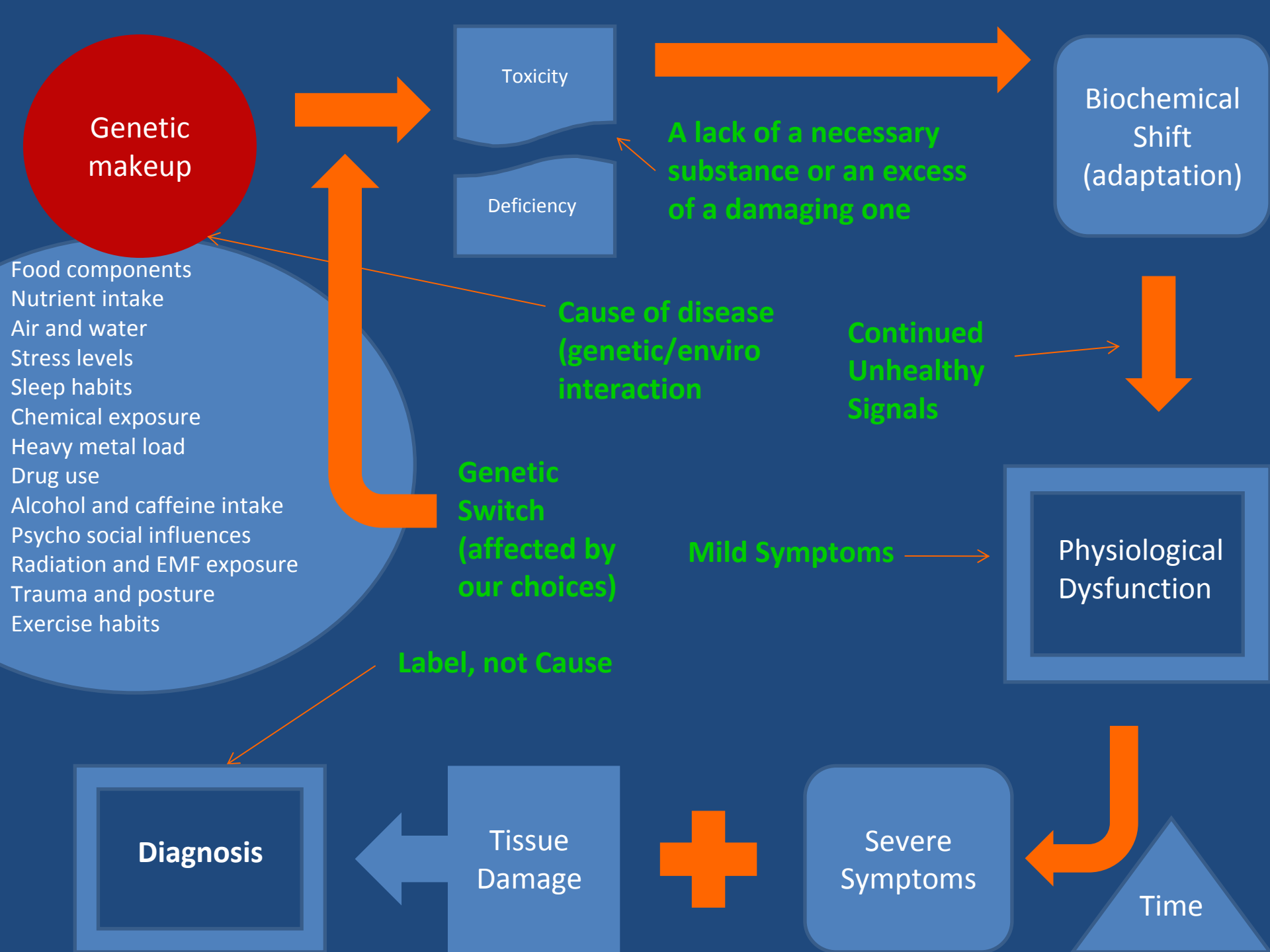
Genetic makeup
Toxicity
Deficiency
A lack of a necessary substance or an excess of a damaging one
Biochemical Shift (adaptation)
Food components
Nutrient intake
Air and water
Stress levels
Sleep habits
Chemical exposure
Heavy metal load
Drug use
Alcohol and caffeine intake
Psycho social influences
Radiation and EMF exposure
Trauma and posture
Exercise habits
Cause of disease (genetic/enviro interaction
Continued Unhealthy Signals
Genetic Switch (affected by our choices)
Mild Symptoms
Physiological Dysfunction
Label, not Cause
Diagnosis
Tissue Damage
Severe Symptoms
Time